

SAAC Meeting Minutes
Sunday, October 9, 2005

The third SAAC meeting of the 2005-2006 school year began on time at 5:00pm, Sunday, October 9, 2005. The vice-president, Amanda Smith, opened up the meeting with an icebreaker question in order to get everyone comfortable with talking in the group. The question that she asked was, "What is your most memorable moment of success, whether in your sport or academics?" Each person present went around the room and told of their most memorable moment of success including Kaye Waldrep and Maxine Maloney.

There were 13 student athletes present at the meeting from 8 of the 10 teams at Augusta State University.

Jessica Matta, the president, went over a few recognitions of outstanding performance for some of the athletes, then the secretary read the minutes from the previous meeting.

The first order of business was to discuss what Jessica and Maxine had learned from their trip to Spartanburg, SC for the Conference SAAC Meeting. The Conference has chosen Make a Wish Foundation as the big focus for every school in the Conference to help. They made the goal of raising \$500 dollars for each school to go to the foundation. The SAAC reps felt that this was a reasonable goal and that there is no reason why we should not be able to meet this goal. We will come up with different fundraising events in order to raise the money in the next meeting.

In addition to donating to this nationwide foundation, Jessica Matta also suggested that we donate unneeded sports equipment from each team to schools or boys and girls clubs that could use them. This way we are also helping on a local level.

Jessica then opened the floor for discussion on a problem that has been brought to the attention of the athletic director and the other staff of drinking among student athletes. She left the discussion up to the reps. She wanted to find out if we thought that it was in fact a problem and if it was big enough problem that we need to do something about it. We talked about the different approaches of seminars on alcohol awareness. Rather than just telling people not to drink, most of the reps agreed that it was more beneficial and practical to educate people on the subject and how to deal with different situations that they are placed in because people are going to drink regardless. It was also stated that drinking was not the major problem it was the irresponsibility of some of those who drink too much.

Each SAAC rep was to take this issue back to their team and get feedback to email to Jessica on what action should be taken for student athletes who drink when not appropriate and how to approach the topic so that it will benefit everyone.

The next SAAC meeting is scheduled for Sunday, October 22, 2005 at 5:00pm.

The meeting was adjourned at 6:05 pm.