

KAREN W. WISH
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CIVILIAN EDUCATION

- 1997 – Ph.D, Foods and Nutrition, Texas Tech University, Lubbock, Texas
- 1988 – MA, Education, University of Texas, San Antonio, Texas
- 1980 – Dietetic Internship, Brooke Army Medical Center, San Antonio, Texas
- 1979 – BS, Foods and Nutrition, California State Polytechnic University, Pomona, California

MILITARY EDUCATION

- 1994 – Command and General Staff College
- 1988 – Combined Arms Services Staff College
- 1986 – Army Medical Department Officer Advanced Course
- 1979 – Army Medical Department Officer Basic Course

AWARDS

Civilian: Georgia Dietetic Association “Service to the Community” for Augusta Dietetics
Military:

Legion of Merit

Meritorious Service Medal (4) – 3 Oak Leaf Clusters

Army commendation Medal (2) – 1 Oak Leaf Cluster

Army Achievement Medal (3) – 2 Oak Leaf Clusters

9A Proficiency Designator (1999) – This award is in recognition of outstanding qualifications in the field of dietetics. The “A” Proficiency Designator is awarded for continued demonstration of exceptional professional ability. Selection is determined by the Army Surgeon General’s Classification Board.

Order of Military Medical Merit (2000) – This award is for officers who through dedicated application of talent, effort and spirit have made a significant, exemplary contribution to the United States Army Medical Department.

(Oct 2008)

PROFESSIONAL ORGANIZATIONS

The American Dietetic Association (ADA) (Current Registration - R560912)
The Georgia Dietetic Association (Current License - LD002592)
2003 - 2004, Member of the Board
The Augusta District Dietetic Association
2006 – 2007, Chair, Awards and Nominations Committee
2004 – 2005, Immediate Past President
2003 – 2004, President
2002 – 2003, President-elect
Specialty Organizations of ADA:
Sports, Cardiology and Wellness Practice Group
Dietetic Educators of Practitioners Practice Group
American Alliance of Health, Physical Education, Recreation and Dance (AAHPERD) (Member Number: 2172231)
Affiliations in AAHPERD: American Association for Health Education (AAHE)
National Association for Sport and Physical Education (NASPE)
Research Consortium

PROFESSIONAL EMPLOYMENT HISTORY

Aug 2007 – **Assistant Professor, Kinesiology and Health Science, Augusta State University**
Present
July 2006 – **Instructor (Full time, temporary), Augusta State University**
July 2007
2003 – 2007 **Wellness and Weight Loss Center, Evans, Georgia (Part Time)**
Adjunct Professor, Troy State University/e-Campus
2004 **Instructor, Georgia Southern University – Spring and Fall 2004**
2000-2003 **Chief, Nutrition Care Division, Dwight David Eisenhower Army Medical Center, Augusta, Georgia**
1997-2000 **Chief, Clinical Dietetics and Research Division, Walter Reed Army Medical Center, Silver Spring, Maryland**
1994-1997 **Doctoral Program, Texas Tech University, Lubbock, Texas**
1992-1994 **Chief, Nutrition Care Division, 95th Station Hospital, Heidelberg, Germany**
1991-1992 **Chief, Nutrition Care Division, 5th General Hospital, Stuttgart, Germany**

- 1989-1991 **Chief, Clinical Dietetics, William Beaumont Army Medical Center, El Paso, Texas**
- 1986-1989 **Nutrition Educator, Academy of Health Sciences, San Antonio, Texas**
(Completed Masters Degree in Education during this assignment.)
- 1983-1986 **Chief, Nutrition Care Division, Patterson Army Community Hospital, Fort Monmouth, New Jersey**
- 1981-1983 **Chief, Clinical Dietetics, Ireland Army Community Hospital, Fort Knox, Kentucky**
- 1980-1981 **Staff Clinical Dietitian, Fitzsimons Army Medical Center, Aurora, Colorado**

PUBLICATIONS

Taylor, AJ, Wong, H, **Wish, K**, Carrow, J, Bell, D, Bindeman, J, Watkins, T, Lehmann, T, Bhattarai, S, and O'Malley, PG. (2003). Validation of the MEDFICTS Dietary questionnaire: A Clinical Tool to Assess Adherence to American Heart Association Dietary Fat Intake Guidelines. *Nutrition Journal*, 2: 4-10.

Sydes, LE, Reagan, JJ, Pratt, KL, and **Wish, KW**. (2001). Herbal and Dietary Supplement Use Among Military Healthcare Beneficiaries. *Journal of the American Dietetic Association*, 101(9), (suppl): A-62. Abstract.

Wish, KW, Bukhari, A, Hostetler, C. (1999). Clinical Outcomes Research as Performance Improvement: A Simplified Approach. *Future Dimensions in Clinical Nutrition Management*. 18(4): 1-6.

Bland, BA and **Wish, KW**. (1999). Census and Length of Stay Related to Patient Acuity, and the Possible Impact on Staffing. *Journal of the American Dietetic Association*, 99(9), (suppl): A-125. Abstract.

Fox, EA and **Wish, KW**. (1998). Dietary Assessment and the Nutrition Screening Initiative (NSI): One Year Follow-up of a Validation Study. *Journal of the American Dietetic Association*, 98(9), (suppl): A-51. Abstract.

Wish, KW and Fox, EA. (1997). Dietary Assessment of the Elderly: A Pilot Study Comparing Assessment Tools. *TAFCS Research Journal*, 1(2): 20-21.

Wish, KW and Fox, EA. (1996). Comparison of BMI from the Nutrition Screening Initiative and Proposed BMI from the USDA and Department of Health and Human Services. *Journal of the American Dietetic Association*, 96(9), (suppl): A-78. Abstract.

Fox, EA and **Wish, KW**. (1996). Self-reported Use of Vitamin/Mineral Supplements in a Pilot Study with Elderly Participants. *Journal of the American Dietetic Association*, 96(9), (suppl): A-79. Abstract.

PRESENTATIONS

American Alliance of Health, Physical Education, Recreation and Dance, National Convention and Exposition, April 2008: “Focus on Promoting Health Through Nutrition: Why Not Choose Dairy?”

Augusta District Dietetic Internship Presentation 2007: “Client/Patient Interviewing: The First Step in Behavior Change”

Augusta District Dietetic Internship Presentations 2000 – 2003:

- 1) “Justifying the Dietitian as Part of the Health Care Team – Why Do Outcomes Studies?”
- 2) “Working with Unions”
- 3) “Stress Busters – Team Building”

Augusta District Dietetic Association, January 2001: “Getting Clients/Employees to Change”

Air Force Dietitians’ Symposium, April 1999:

- 1) “Ready or Not?: What to do Once You Know.”
- 2) “Update: U.S. Army Dietetics Issues” (Presented on behalf of the chief dietitian for the Army)

American Dietetic Association Annual Meeting, Major Session, October 1998: “Medical Nutrition Therapy: One Size Does Not Fit All.”

Lubbock Dietetic Association, 1997:
“Nutrition and Physical Activity”