

Charles R. Darracott III, Ed.D.

Current as of August 30, 2005

CURRICULUM VITAE

Charles R. “Chip” Darracott III, Ed.D.

Associate Professor

Department of Kinesiology and Health Science

Augusta State University

2500 Walton Way

Augusta, GA 30904-2200

PH: (706) 667-4953 FAX: (706) 667-4140 E-mail: cdarracott@aug.edu

EDUCATION

James Blair H.S., Williamsburg, VA, 1970-1973

Wake Forest University, Winston-Salem, NC, 1973-1978, B.S., Physical Education

Wake Forest University, Winston-Salem, NC, 1978-1980, M.A., Physical Education

The University of Georgia, Athens, GA, 1986-1992, Ed.D., Exercise Science

THESIS TITLES

Expectancies and Attributions as Mediators of Coaching Behavior in Youth League Basketball. Master’s Thesis, Wake Forest University, Winston-Salem, NC, 1980.

Ratings of Perceived Exertion as a Determinant of Physical Activity Level in 9 to 11 Year-old Children. Doctoral Dissertation, The University of Georgia, Athens, GA, 1991.

PROFESSIONAL

Academic Appointments

Lecturer, Assistant Intramural Director, Club Sports Coordinator, Department of Physical Education and Intramural Athletics, **North Carolina State University**, Raleigh, NC, 1980-1983.

Instructor, Department of Physical Education, **Georgia Institute of Technology**, Atlanta, GA, 1983-1986.

Instructor, Intramural Director, Aquatics Director, Division of Physical Education and Dance, **Oxford College of Emory University**, Oxford, GA, 1991-1992.

Assistant Professor, Aquatics Director, Division of Physical Education and Dance, **Oxford College of Emory University**, Oxford, GA, 1992-1998.

Assistant Professor, Aquatics Director, Division of Physical Education and Dance; Men's and Women's Tennis Coach, Athletics and Recreational Sports, **Oxford College of Emory University**, Oxford, GA, 1998-1999.

Assistant Professor (tenured, 2003), Department of Kinesiology and Health Science, **Augusta State University**, Augusta, GA 1999-2004. Coordinator of Wellness 1000 required, 3-credit health/wellness course, 1999-2004.

Associate Professor (promoted, 2004), Department of Kinesiology and Health Science, **Augusta State University**, Augusta, GA 2004-present. Department Graduate Coordinator, 2004-present.

Other Professional Positions

Graduate Fellowship, Department of Physical Education, **Wake Forest University**, Winston-Salem, NC, 1978-1979. Manager, Early Childhood Motor Learning Laboratory. Intramural supervisor. Tennis professional, Wake Forest University Indoor Tennis Center. Graduate teaching assistant. 1979-1980.

Manager, Twin Lakes Community Swim and Tennis Club, Atlanta, Georgia 1984-1985.

Teaching Assistant, Department of Physical Education, **The University of Georgia**, Athens, GA, 1986-1991. Coordinator of the Fitness for Life Course, 1989-1991. Research Technician, "The effects of exercise and dietary calcium level on bone density in pregnant rats," Department of Nutrition, 1990. Fitness instructor, Quality of Life Program, University Affiliated Program (for senior and developmentally disabled adults), 1991. Swimming instructor, community programs. 1991.

Lifeguard Training Instructor, Young Women's Christian Organization, Athens, Georgia, 1990-1991.

Manager, Forest Heights Community Pool, Athens, Georgia. 1987-1991.

Publications in Peer-Reviewed Journals

1979 Rejeski, W., Darracott, C., and Hutslar, S. (1979). Pygmalion in youth sport: a field study, *Journal of Sport Psychology*, 1: 311-319. (Data from master's thesis).

1989 Lehr, C., Bullock, K., Conley, D., Darracott, C., Frangione, D., Levy, M., McMahan, R., Stanley, S., and Stueck, P. (1989). Student activity preferences: curricular trends and implications. *Georgia Association for Health, Physical Education, Recreation, and Dance Journal*, 23: 3-8.

1992 Darracott, C.R., Dishman, R.K., Cureton, K.J., and Youngstedt, S. (1992). Is perceived exertion related to free-living physical activity in children aged 9-11

- years? (Abstract). *Medicine and Science in Sports and Exercise*, 24(5): S42. (Data from doctoral dissertation).
- 1992 Dishman, R.K., Darracott, C.R., and Lambert, L.T. (1992). Failure to generalize determinants of self-reported physical activity to a motion sensor. *Medicine and Science in Sports and Exercise*, 24(8): 904-910.
- 1998 Darracott, C.R. (1998). The long-term impact of a college swimming requirement. *Georgia Association for Health, Physical Education, Recreation, and Dance Journal*. 32(2): 22-25.
- 2000 Darracott, C.R. (2000). The impact of college physical education programs and fitness/wellness courses: A review. *Georgia Association for Health, Physical Education, Recreation, and Dance Journal*. 33(2): 15-19.

Research Grants Awarded

- December, 1993 Principal Investigator, *What is the Long-term Impact of a Required Physical Education Program?* Oxford College of Emory University, Faculty Development Grant.

Research in Progress

- 2003 Darracott, S.H., Darracott, C.R., & Gustafson, R.P., Ratings of Perceived Exertion and Prediction of Repetitions to Exhaustion at 50% and 70% of 1-Repetition Maximum

Journals Edited

- Darracott, C. R. & Darracott, S. H., (2000), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 33, No. 3.
- Darracott, C. R. & Darracott, S. H., (2001), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 34, No. 1, 2, 3.
- Darracott, C. R. & Darracott, S. H., (2002), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 35, No. 1, 2, 3.
- Darracott, C. R. & Darracott, S. H., (2003), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 36, No. 1, 2, 3.

Darracott, C. R. & Darracott, S. H., (2004), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 37, No. 1, 2, 3.

Darracott, C. R. & Darracott, S. H., (2005), Co-editors, *GAHPERD Journal* (Journal of the Georgia Association for Health, Physical Education, Recreation, and Dance), Vol. 38, No. 1, 2, (#3 in progress)

Co-edited fifteen *GAHPERD Journal* issues with one in progress. Supervised editorial board review of 33 peer-reviewed manuscripts. Edited many other articles, teaching tips, editorials, and news items. Worked with artist on cover designs and consulted with printing company on layout.

Newsletters Edited

Darracott, C. R., Editor, *GAME* (Newsletter of the Georgia Association for Health, Physical Education, Recreation, and Dance), December, 1999; March, September, 2000; February, June, September, December, 2001; February, June, September, December, 2002; February, June, September, December, 2003; February, June, September, December, 2004; February, June, September 2005 (total of 23 issues edited).

Manuals and Non-refereed Publications

1989 Developed Lecture, Written Test and Fitness Testing Manual for use by University of Georgia Physical Education faculty and graduate students in teaching approximately 25 sections each quarter of the course "Fitness for Life." Manual included outlines, narratives and overheads for use by instructors in delivering 8 lectures during the academic quarter. The manual also included instructions for fitness and written tests.

1990 Revised the "Fitness for Life" Instructor's Manual.

1995 "Exercise, the natural high," *The Spokesman*, Oxford College student newspaper.

2000 Darracott, C. R. & Darracott, S. H. Co-editors, "Collaborative Opportunities or Linking With Others for Success." (Editorial column). *GAHPERD Journal*, Vol. 33, No. 3, p. 5.

2001 Darracott, C. R. & Darracott, S. H. Co-editors, "Tribute to a Departing Leader." (Editorial column). *GAHPERD Journal*, Vol. 34, No. 1, p. 3.

2001 Darracott, C. R. & Darracott, S. H. Co-editors, "Step up to the Plate." (Editorial column). *GAHPERD Journal*, Vol. 34, No. 2, p. 4.

2001 Darracott, C. R. & Darracott, S. H. Co-editors, "A Battle on Many Fronts." (Editorial column). *GAHPERD Journal*, Vol. 34, No. 3, p. 4.

- 2001 Martino, M., Darracott, C. R., & Spaniol, F., "Senate Resolution 252: A call for action." (Invited article). *GAHPERD Journal* 34(3), 9-11.
- 2002 O'Connor, M.J., Blanton, B., Darracott, C., Feaster, S., Pollingue, A., Hoosain, E., & Geren, P., *The College of Education report on enrollment*. Augusta State University, College of Education.
- 2002 Darracott, C. R. & Darracott, S. H. Co-editors, "Changing Lives and Making a Difference?" (Editorial column). *GAHPERD Journal*, Vol. 35, No. 1, p. 3.
- 2002 Darracott, C. R. & Darracott, S. H. Co-editors, "The Heat is On." (Editorial column). *GAHPERD Journal*, Vol. 35, No. 2, p. 4.
- 2002 Darracott, C. R. & Darracott, S. H. Co-editors, "." (Editorial column). *GAHPERD Journal*, Vol. 35, No. 3, p. 4.
- 2003 Darracott, C. R. & Darracott, S. H. Co-editors, "Going Into Extra Innings" (Editorial column). *GAHPERD Journal*, Vol. 36, No. 1, p. 3.
- 2003 O'Connor, M.J., Stephens, S., Thurman, G., Darracott, C., et al. "Biennial Review", Alcohol and Drug Abuse Task Force (wrote section, "Overview of the Core Alcohol and Drug Survey") Augusta State University.
- 2003 Darracott, C. R. & Darracott, S. H. Co-editors, "Half-Empty?." (Editorial column). *GAHPERD Journal*, Vol. 36, No. 2, p. 3.
- 2003 Darracott, C. R., NCATE/NASPE Advanced Physical Education Program Report (Chief Compiler), Augusta State University
- 2003 Darracott, C. R. & Darracott, S. H. Co-editors, "A Tribute to the Stars." (Editorial column). *GAHPERD Journal*, Vol. 36, No. 3, p. 3.
- 2004 Darracott, C. R. & Darracott, S. H. Co-editors, "Carpe Diem." (Editorial column). *GAHPERD Journal*, Vol. 37, No. 1, p. 3.
- 2004 Darracott, C. R. & Darracott, S. H. Co-editors, "Editors' Notes." (Editorial column). *GAHPERD Journal*, Vol. 37, No. 2, p. 3.
- 2004 Darracott, C. R. & Darracott, S. H. Co-editors, "Sometimes We Forget." (Editorial column). *GAHPERD Journal*, Vol. 37, No. 3, p. 3.
- 2005 Darracott, C. R. & Darracott, S. H. Co-editors, "In Need of Role Models?." (Editorial column). *GAHPERD Journal*, Vol. 38, No. 1, p. 3.

- 2005 Darracott, C. R. & Darracott, S. H. Co-editors, "Team Play." (Editorial column). *GAHPERD Journal*, Vol. 37, No. 2, p. 3.

Book Reviews

- 1990 Reviewer for the book, *Lifetime Fitness and Wellness, Third Edition*, by Melvin Williams, Brown & Benchmark.
- 2004 Reviewer for book proposal, *Striving for the High Life: Selected Topics in Personal Health*, by Phil Sparling; McGraw-Hill.

Journal Reviews

- 1997 Guest reviewer for *Measurement in Physical Education and Exercise Science*.
- 1997-98 Guest reviewer for *Research Quarterly for Exercise and Sport*.

Presentations: Professional Meetings

- 1980 Darracott, C.R. and Rejeski, J. "The role of interpersonal expectancies in youth sport." Southeast Chapter of the American College of Sports Medicine Annual Meeting, Charlotte, NC
- .1989 Sparling, P., Darracott, C.R., Tinklepaugh, P., and Baumgartner, T. "Evaluation of student performance in college fitness concepts courses: a symposium." Annual Meeting of the Southern District of the American Alliance for Health, Physical Education, Recreation, and Dance, Chattanooga, TN.
- 1992 Darracott, C.R., Dishman, R.K., Cureton, K.J., and Youngstedt, S. "Is perceived exertion related to free-living physical activity in children aged 9-11 years?" American College of Sports Medicine Annual Meeting, Dallas, TX.
- 1995 Darracott, C.R., "What is the impact of a required physical education program?" (student survey), Georgia Association for Health, Physical Education, Recreation, and Dance Annual Convention, Jekyll Island, GA.
- 1997 Darracott, C.R. and Darracott, S.H., "The long-term impact of a required physical education program on college alumni." Southeast Chapter of the American College of Sports Medicine Annual Meeting, Atlanta, GA. (Selected as one of the top 30 abstracts among 78 accepted for presentation).
- 1997 Darracott, S.H. and Darracott, C.R., "Cluster analysis applications to repeated measures data." American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention, St. Louis, MO.

- 2000 Darracott, C.R., “Recent findings on physical activity in children.” Richmond County Curriculum Conference: Putting the Pieces Together, Augusta, GA.
- 2000 Darracott, C.R., Brooks, D., Carter, W., Giddens, S., and Hamlin, M. “Fundamental drills for improving softball skills.” Richmond County Curriculum Conference: Putting the Pieces Together, Augusta, GA.
- 2000 Darracott, C.R. “College fitness/wellness courses and basic instructional programs: What impact are they making?” Georgia Association for Health, Physical Education, Recreation, and Dance Annual Convention, Jekyll Island, GA.
- 2001 Darracott, C.R. & O’Connor, M. “Using IntraKal for a University Level Wellness Course”, Southern District of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Birmingham, AL.
- 2001 Darracott, C.R. “Models for the Promotion of Physical Activity and Health on the College Campus in the 21st Century”, Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Jekyll Island, GA.
- 2001 Spaniol, F., Martino, M., Darracott, C., and other members of the GAHPERD Fitness Project. “How Physically Fit are Georgia K-12 Students?” Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Jekyll Island, GA.
- 2002 Martino, M., Spaniol, F., & Darracott, C. “Fitness Testing: Everything You Need to know for Testing Youth” (Pre-convention workshop), Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Pine Mountain, GA.
- 2002 Darracott, C.R. & Darracott, S.H. “Tips for Conducting a Successful Summer Sports Camp”, Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Pine Mountain, GA.
- 2002 Darracott, C.R. “Can Physical Education and Sport Contribute to Moral Development?” Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Pine Mountain, GA.
- 2002 Metzler, M., Joyner, B., Martino, M., Spaniol, F., & Darracott, C. “HB 1187 and Fitness Survey Results & Discussion”, Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Pine Mountain, GA.
- 2004 Darracott, S.H., & Darracott, C.R. “The Write Stuff: How Can You Contribute to the GAHPERD Journal?”, Georgia Association for Health, Physical Education, Recreation & Dance Annual Convention, Athens, GA.

Presentations: Community/Schools

- 1992 “Fitness and the healthy life.” Oxford Studies Lecture Series, Oxford, GA.
- 1994 “Summer water safety.” Mrs. Lindsey’s first grade class, Palmer-Stone Elementary School, Oxford, GA.
- 1994 “Fitness and the healthy life.” Allen Memorial United Methodist Church Men’s Club, Oxford, GA.
- 1996 “The impact of a required physical education program: preliminary results (alumni survey).” Oxford College FDC Faculty Payback Lecture, Oxford, GA.
- 1998 “Coaching behavior in youth sport.” Presented to exercise science and sports medicine majors at Samford University, Birmingham, AL.
- 1998 “The EKG and cardiac cycle” (a lecture-lab activity). Presented to Biology 121, Anatomy and Physiology class, Oxford College, Oxford, GA.
- 1998 “Dine Healthy dietary analysis software.” Presented at the Faculty/Staff Technology Fair, Oxford College, Oxford, GA.
- 1999 “Skeletal muscle.” Presented to athletic training majors at Florida Southern College, Lakeland, FL.
- 1999 “Coronary heart disease risk factors.” Presented to Community CPR, First Aid and Safety class, Stetson University, DeLand, FL.
- 2000 “Physical Activity and Health: Current Issues” Augusta State University Faculty Colloquium, Augusta, GA.
- 2001 “Sport and Moral Development” Augusta State University Faculty Colloquium, Augusta, GA.
- 2001 “Weight Training”, The Georgia Wellness Summit for Women and Girls (Sponsored by the Georgia Commission on Women). Augusta, GA.
- 2002 “Professional Opportunities in College Teaching and Promotion of Physical Activity”, Presented for Career Day to Mrs. Houston’s 3rd grade class at Warren Road Elementary School, Augusta, GA.
- 2003 “Water Safety, Aquatic Recreation and Job Opportunities”, Presented to Camp Fix-it”, Augusta, GA.

Professional Committee Responsibilities

National

1992-93 Member, Ad Hoc Committee on Youth Sports Clinics in Sports Medicine, American College of Sports Medicine.

State

1976 Director, North Carolina Student Physical Education Majors Convention, hosted by Wake Forest University.

1977 Planning Committee for 1977 North Carolina Student Physical Education Majors Convention.

1993-94 Chair, Physical Education Interdepartmental Group of the University Center in Georgia.

1999-present Executive Board, *GAME*, Newsletter Editor, Georgia Association for Health, Physical Education, Recreation, and Dance.

2000-present Co-editor, *GAHPERD Journal*, Georgia Association for Health, Physical Education, Recreation, and Dance.

Institutional

1980-83 Advisor, Student Government Sports Club Authority. Advisor, Tennis Club. Department of Physical Education, Health and Fitness Committee, North Carolina State University.

1983-86 Health and Fitness Committee, Department of Physical Education, Georgia Institute of Technology.

1988-89 Basic Physical Education Committee, Department of Physical Education, University of Georgia.

1991-95 Member, Library Committee, Oxford College.

1991-94 Member, Campus Life Committee, Oxford College.

1992-96 Member, Oxhouse Use Committee, Oxford College.

1993-94 Vice-chair, Computer Committee, Oxford College.

1994-97 Member, Tennis Court Renovation Planning Committee, Oxford College.

- 1995-96 Member, Search Committee for Physical Education Tenure Track Faculty Position, Oxford College.
- 1995-97 Chair, Computer Committee, Oxford College.
- 1995-97 Member, Dean's Council on Long Range Planning, Oxford College.
- 1995-98 Member, Faculty Development Committee, Oxford College.
- 1995-98 Member, Conduct Board, Oxford College.
- 1996-97 Chair of Subcommittee to develop Guidelines for Computer Hardware and Software Acquisition for Oxford College.
- 1996-97 Assisted in the development of the joint Library-Computer Committee multimedia presentation to the Dean's Council on Long Range Planning, Oxford College.
- 1996-97 Participated in the Curriculum Review Committee examination of the Physical Education requirement, Oxford College.
- 1997-98 Member, Ad hoc Pierce Chair of Religion Evaluation Committee, Oxford College.
- 1997-99 Member, Freshman Seminar Coordinating Committee, Oxford College.
- 1997-98 Member, Health/Wellness Committee, Oxford College.
- 1998-99 Member, Computer Committee, Oxford College.
- 2000-2001 Member, Assessment Committee, College of Education, Augusta State University.
- 2001-2002 Member, Enrollment Committee, College of Education, Augusta State University
- 2001-present Chair, Curriculum Committee, Department of Kinesiology and Health Science, Augusta State University
- 2001-2004 Chair, NASPE/NCATE Accreditation Committee, Department of Kinesiology and Health Science, Augusta State University
- 2002-2004 Member, University's Task Force for Alcohol and Drug Abuse
- 2002-2004 Member, Recycling Committee

2003-present Member, Athletics Committee; Chair, 2004-present

2003-present Member, College of Education Post Tenure Review Committee; Chair,
2003-2004

2004-present Member of College of Education Personnel Advisory Committee

2004-present Faculty Advisor, Wesley Foundation

Membership in Scientific/Professional Societies

American College of Sports Medicine (ACSM)

Southeast Chapter, American College of Sports Medicine (SEACSM)

American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)

Georgia Association for Health, Physical Education, Recreation and Dance (GAHPERD)

Postgraduate Courses and Seminars

Physical Activity and Public Health: A Postgraduate Course on Research Directions and Strategies. Sponsored by: School of Public Health, University of South Carolina; Centers for Disease Control and Prevention; South Carolina Department of Health and Environmental Control. September 16-23, 1997. Hilton Head Island, South Carolina.

Augusta State University Faculty Colloquium, 2000-2001.

Conferences and Workshops Attended: 8/99-present

Fall Executive Board Meeting, Georgia Association of Health, Physical Education, Recreation, and Dance, Stone Mountain, GA, November, 1999.

Richmond County Curriculum Conference: Putting the Pieces Together, Augusta, GA, January, 2000.

Annual Meeting, Southeast Chapter, American College of Sports Medicine, Charlotte, NC, January, 2000.

Spring Executive Board Meeting, Georgia Association of Health, Physical Education, Recreation, and Dance, Augusta, GA, February, 2000.

National Convention and Exposition, American Alliance for Health, Physical Education, Recreation and Dance, Orlando, FL, March 2000.

Annual Convention, Georgia Association of Health, Physical Education, Recreation, and Dance, Jekyll Island, GA, April, 2000.

Summer Leadership Retreat, Georgia Association of Health, Physical Education, Recreation, and Dance, Augusta, GA, July 2000.

Fall Executive Board Meeting, Georgia Association of Health, Physical Education, Recreation, and Dance, Macon, GA, October, 2000.

Richmond County Health and PE Teacher Workshop "THE NEW PE", Augusta, GA, October, 2000.

Annual Meeting, Southeast Chapter, American College of Sports Medicine, Columbia, SC, January, 2001.

Annual Convention, Southern District of the American Alliance for Health, Physical Education, Recreation and Dance, Birmingham, AL, February, 2001.

Spring Executive Board Meeting, Georgia Association of Health, Physical Education, Recreation, and Dance, Macon, GA, February, 2001.

Annual Convention, Georgia Association of Health, Physical Education, Recreation, and Dance, Jekyll Island, GA, April, 2001.

The Georgia Wellness Summit for Women and Girls (Sponsored by the Georgia Commission on Women). Augusta, GA, April, 2001.

Summer Leadership Retreat, Georgia Association of Health, Physical Education, Recreation, and Dance, Savannah, GA, July 2001.

Transforming Research into Innovations: Entrepreneurial Ventures at the Medical College of Georgia, Medical College of Georgia, Augusta, GA, August, 2001.

Annual Meeting, Southeast Chapter, American College of Sports Medicine, Atlanta, GA, February, 2002.

Spring Executive Board Meeting, Georgia Association of Health, Physical Education, Recreation, and Dance, Macon, GA, February, 2002.

Annual Convention, Georgia Association of Health, Physical Education, Recreation, and Dance, Callaway Gardens, GA, April, 2002.

Summer Leadership Retreat, Georgia Association of Health, Physical Education, Recreation, and Dance, Savannah, GA, July 2002.

Annual Convention, Southern District AAHPERD/Georgia Association of Health, Physical Education, Recreation, and Dance, Savannah, GA, February, 2003.

Medical College of Georgia, Georgia Prevention Institute Seminar Series, “Motivational Processes and Athletes’ Well-Being in Sport”, Augusta, GA, March, 2003.

NASPE/NCATE Initial and Advanced Physical Education Program Report Workshops, Philadelphia, PA, April 2003.

National Convention and Exposition, American Alliance for Health, Physical Education, Recreation and Dance, Philadelphia, PA, April, 2003.

Summer Leadership Retreat, Georgia Association of Health, Physical Education, Recreation, and Dance, Milledgeville, GA, June 2003.

Annual Convention, Georgia Association for Health, Physical Education, Recreation, and Dance, Jekyll Island, GA, November, 2003.

VMax Training, 3-Day Course on Use of the VMax Metabolic Cart, Sensormedics Company, Yorba Linda, CA, September, 2004.

Annual Convention, Georgia Association for Health, Physical Education, Recreation, and Dance, Athens, GA, September, 2004.

Certifications

Lifeguard Training Instructor, American Red Cross.

CPR for the Professional Rescuer Instructor, American Red Cross.

Community First Aid and Safety Instructor, American Red Cross.

Certified Pool Operator, National Swimming Pool Foundation.

Community Service Activities

1979-80 Coach, Winston Salem National Little League Baseball, (10-12 year olds), Winston-Salem, NC.

1985-86 Deacon, Wee Kirk Presbyterian Church, Lithonia, GA.

1991 Teacher for children’s class in the Wednesday evening program, First Presbyterian Church, Athens, Georgia.

1992-99 Director, Oxford College Community Tennis Program, Oxford, GA.

1992-98 Member of Tournament Committee, Louise Fowler Mixed Doubles Tennis Tournament for Cancer, Oxford, Georgia.

1992-93 Assistant Coach, Covington/Newton County Recreation Youth Baseball.

- 1992-94,
1996-98 Worker, Allen Memorial United Methodist Church Barbecue and Bazaar, Oxford, GA.
- 1993 Instructor, CPR Saturday, Newton County Chapter, American Red Cross, Covington, GA.
- 1993-94 President, Young Allen Sunday School Class, Allen Memorial United Methodist Church.
- 1993-94 Tournament Director, Junior and Adult Tennis, Central District Georgia Games Sports Festival, Oxford, GA.
- 1993-95 Volunteer, Palmer-Stone Elementary School Field Day, Oxford, GA.
- 1993-98 Head Coach, Covington/Newton County Recreation Youth Basketball League.
- 1994 Playground Committee and Construction Crew, Allen Memorial United Methodist Church.
- 1994 Merit Badge Counselor for Lifesaving and Swimming Merit Badges for Boy Scout Troop 209 of Conyers, GA.
- 1994-96 Member, Administrative Board, Allen Memorial United Methodist Church.
- 1994-95 Co-Chair, Family Life Committee, Allen Memorial United Methodist Church.
- 1994-96 Coach, Covington YMCA Youth Soccer League.
- 1994-95 Member, Superintendent's Parent Cabinet for the Newton County Schools.
- 1995-99 Director, Oxford College Summer Sports/Fitness Camp.
- 1995 Conducted fitness testing for the U.S. Air Force for the purpose of screening candidates for the elite combat controller training program, Oxford, GA.
- 1995 Assisted in the Oxford College Summer Swim program.
- 1995-99 Head Coach (3 seasons), Assistant Coach (2 seasons), Newton Christian Softball League, Covington, GA.

- 1996 President, Methodist Men's Club, Allen Memorial United Methodist Church.
- 1996-98 Member, Nominations Committee, Allen Memorial United Methodist Church.
- 1996 Director, Young Americans Christian School Field Day, Conyers, GA.
- 1996-97 Cashier, Young Americans Christian School Silent Auction Fund-raiser.
- 1996 Substitute Teacher, Young Americans Christian School, third grade.
- 1996 Recreation Director, Allen Memorial United Methodist Church Vacation Bible School.
- 1996 Leader of a Home Fellowship Group as part of the Allen Memorial United Methodist Church Capital Campaign.
- 1997-98 Tournament Director, Louise Fowler Memorial Mixed Doubles Tennis Tournament for Cancer.
- 1998-99 Instructor for Lifeguard Training Course (Staff training for Rockdale Gymnastics facility and Oxford College lifeguards), Oxford, Georgia.
- 1998-99 Hospitality Committee, Allen Memorial United Methodist Church Men's Club.
- 1998 Chaperone for Spiritual Life Retreat for Methodist Youth held at Camp Glisson in Dahlonega, Georgia.
- 1998 Assisted with "Carnival on the Quad" for children from local Department of Family and Children's Services, Oxford College, Oxford, Georgia.
- 1998 Volunteer, Young Americans Christian School Golf Marathon Fundraiser.
- 1998-99 Guest instructor for Louise Harwell's Anatomy and Physiology Class, Eastside High School, Taught Community CPR Class, May 18-21, 1998; January 1999, May 1999, Covington, GA.
- 1998 Instructor, Emory University Tennis Camp, Atlanta, Georgia.
- 1998-99 Member, Newton County Trail Taskforce, Oxford, GA.
- 1998-99 Basketball Coach, Young Americans Christian School fourth/fifth and sixth/seventh grade teams.

- 1999 Pitching Coach, Rockdale Hurricanes Baseball Team (13 year-olds), Conyers, GA.
- 1999 Team Captain, MACH Chessmasters, CSRA Junior Tennis League, Augusta, GA.
- 2000 Participated in Augusta Urban Ministries fundraising walk-a-thon, Augusta, GA.
- 2000 Administered the dunking booth at the Warren Road Elementary School Spring Carnival, Augusta, GA.
- 2000-present Occasional Teacher, Seekers Adult Sunday School Class, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-present Overnight Host, Interfaith Hospitality Network (a ministry to the homeless), Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-present Member, Board of Directors, Wesley Foundation – Wesley Fellowship, Augusta State University and Paine College, Augusta, GA.
- 2000-2003 Fountain Maintenance (perform regular cleaning/chemical balancing of fountains on church grounds), Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-02 Assisted in poinsettia sale fundraiser for Love Unlimited Youth Choir, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-01 Head Coach, Trinity-on-the-Hill United Methodist Church, Under 12 Girls, Augusta Christian Basketball League.
- 2000-01 Assistant Coach, Trinity-on-the-Hill United Methodist Church, Under 15 Boys, Augusta Christian Basketball League.
- 2000-02 Timer, Runner, Parking Attendant, Augusta Swim League, Augusta, GA.
- 2000-02 Gym Supervisor for Youth Wednesday night free-play, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-02 Kid's Corner Wednesday night meal server, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2000-04 Timer, Runner, Meet Administration, Montclair Summer Swim Team, Augusta, GA.
- 2001 Parent helper, United Nations Day, Mrs. Douglas' First Grade Class,

- Warren Road Elementary School, Augusta, GA.
- 2001, 2004 Instructor, Trinity-on-Hill United Methodist Church Summer Basketball Camp, Augusta, GA
- 2000 Clean-up, chair return crew, 4th of July Music Ministry Fundraiser, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2001-03 Head Coach, Trinity-on-the-Hill United Methodist Church, Under 9 Coed Team, Augusta Christian Basketball League, Augusta, GA.
- 2001-present Tennis Court/Playground Improvement Group, Montclair Homeowners Association, Augusta, GA.
- 2001-02 Free Children's Tennis Programs, Montclair Subdivision, Augusta, GA.
- 2002 Assisted with Montclair Garden Club Craft Sale (cooked and staffed the concession stand), Augusta, GA.
- 2002-2004 Adult Assistant for New Creation Middle School Choir, Trinity-on-the-Hill 2005 United Methodist Church, Augusta, GA.
- 2002-present Lesson and Curriculum Coordinator, Seekers Adult Sunday School Class, Trinity-on-the-Hill United Methodist Church, Augusta, GA.
- 2002-03 Head Coach, Trinity-on-the-Hill United Methodist Church, Under 19 Boys Team, Augusta Christian Basketball League, Augusta, GA.
- 2002, 2003 Adult Counselor, Trinity-on-the-Hill United Methodist Church Older Elementary Summer Retreat, Millen, GA.
- 2003 Adult Counselor, New Creation Middle School Choir Weekend, Trinity-on-the-Hill United Methodist Church, Columbia, SC and Charlotte, NC
- 2003 Football Game Concession Stand Worker, Westside High School Athletic Booster Club, Augusta, GA
- 2003-present Member, Board of Governors, Montclair Neighborhood Association, Augusta, GA.
- 2003-present Member, Board of Directors, First Tee of Augusta, Augusta, GA.
- 2004 Member, Westside High School PTO Scholarship Committee
- 2005 Fun Friday Program for Lamar Elementary School

Institutional Service

Oxford College:

- 1991-1999 Aquatics Director.
- 1991-92 Directed Intramural/Recreational Sports program.
- 1991-99 Participated in the Academic Fair during Visitation day, once or twice each academic year.
- 1992-1998 Organized and directed the Division of Physical Education and Dance CPR certification session each semester.
- 1992-99 Academic advisor for 36 students.
- 1992 Director, Oxford Day Road Race.
- 1992 Co-director Oxford College Wellness Fair. Approximately 250 students participated with assistance from Newton General Hospital.
- 1993 Became interim Intramural Director late in the spring semester.
- 1993-94 Co-director, Health Screening Program for Timex Fitness Week.
- 1993-99 Co-director, Oxford College Road Race.
- 1993, 94, 97 Freshman Seminar Group Leader.
- 1996, 1997 Director Swim Placement Testing.
- 1998 Summer athletic facility coordinator.
- 1999 Men's and Women's Tennis Coach.

Augusta State University

- 1999-present Coordinator, Wellness 1000 required, 3-credit health/wellness course.
- 2000 Taught summer swimming classes for children, ASU Continuing Education.
- 2000, 2002 Representative of Department of Kinesiology & Health Science at the ASU Campus Visitation Day, October, 2000; June, 2002.
- 2000-03 Augusta State University Health Fair (Organized ESCI 4220 students to administer flexibility and hand grip stations)

- 2002 Augusta State University Faculty/Staff Wellness Class (Assisted Dr. Mike O'Connor with orientation to the weight room and skinfold measurements).
- 2002-03 Chief Compiler, NASPE/NCATE Advanced Physical Education Program Report
- 2003, 2004 Taught CPR/Automated External Defibrillator Certification Course to Department of Kinesiology and Health Science Faculty
- 2004-2005 Graduate Coordinator, Department of Kinesiology & Health Science

Awards, Honors

- 1972 Eagle Scout, Boy Scouts of America, Troop 103, Williamsburg, VA.
- 1973 Outstanding Athlete Award, James Blair High School, Williamsburg, VA.
- 1973 Outstanding Scholar/Athlete Award, James Blair High School.
- 1973 Bausch and Lomb Science Award, James Blair High School
- 1973 Most Valuable Player, Basketball, James Blair High School
- 1973 Most Valuable Player, Baseball, James Blair High School
- 1973 American Legion Leadership Award, James Blair High School
- 1975-77 Letterman in baseball, Wake Forest University, Winston-Salem, NC.
- 1976-77 Atlantic Coast Conference Honor Roll
- 1977 Member, Atlantic Coast Conference Baseball Champions
- 1977 Omicron Delta Kappa National Leadership Honor Society
- 1978 Cum Laude graduate, Wake Forest University
- 1978-79 Graduate Fellowship, Wake Forest University
- 1986-87 Graduate Teaching Assistant Merit Award, University of Georgia.
- 1987-88 Outstanding Graduate Teaching Assistant Award, University of Georgia
- 1998-99 Teacher of the Year Award, Oxford College (awarded by the Compass Club).

- 1998-99 Oxford College Faculty Service Award, (awarded by the Student Government).
- 2002 Nominated for Vice President, Southern District, American Alliance for Health, Physical Education, Recreation, and Dance