

## CURRICULUM VITAE

### SABINA C. WIDNER

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2500 Walton Way  
Augusta State University  
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#### EDUCATION

- 1994 Ph.D., Clinical Psychology. APA Approved Program,  
University of Georgia, Athens.  
Dissertation: *Self-Complexity as a Stress Buffer in an Elderly Population.*
- 1989 M.A., Experimental Psychology  
Wake Forest University, Winston-Salem, North Carolina.  
Thesis: *Perceptions of Problem Drinking Among College Students and  
Alcohol Treatment Experts.*
- 1987 B.A., Psychology  
University of Kentucky, Lexington

#### HONORS AND ACADEMIC AWARDS

- 2007 Elected Outstanding Graduate Faculty Member in Psychology by psychology  
students
- 2005 Elected Outstanding Graduate Faculty Member in Psychology by psychology  
students
- 2000 Elected Outstanding Graduate Faculty Member in Psychology by psychology  
students
- 1999 Phi Kappa Phi, Augusta State University
- 1994 APA Dissertation Award, American Psychological Association
- 1993, 1994 University Wide Fellowship, awarded annually on a competitive basis,  
University of Georgia.
- 1993-94 University Merit Supplement, awarded annually for outstanding  
achievement in research and/or teaching, University of Georgia.
- 1990 Nominated for Outstanding Teaching Assistant Award,  
University of Georgia.
- 1987 Phi Beta Kappa, University of Kentucky.
- 1987, 1986 Academic Excellence Award, University of Kentucky.

#### PROFESSIONAL EXPERIENCE

- 2008 Assistant Chair, Department of Psychology, Augusta State University
- 2000-present Associate Professor, Department of Psychology, Augusta State University,  
Augusta, GA

1997-present Director of Graduate Studies, M.S. Program in Psychology, Augusta State University, Augusta, GA  
 1995-2000 Assistant Professor, Department of Psychology, Augusta State University, Augusta, GA

### TEACHING EXPERIENCE

1995-present Augusta State University  
 Introduction to General Psychology  
 Introduction to the Behavioral and Social Sciences  
 Personal Adjustment  
 Introduction to Human Growth and Development  
 Child and Adolescent Development  
 Abnormal Psychology  
 Adult Development and Aging,  
 Psychological Careers  
 Psychological Tests and Measurement  
 Research Methods I (graduate level)  
 Research Methods II (graduate level)  
 Therapeutic Interventions I (graduate level)  
 Therapeutic Interventions II (graduate level)  
 Marriage and Couples Therapy (graduate level)  
 Ethical and Professional Foundations (graduate level)  
 Psychological Assessment I (graduate level)

1990-91 Graduate Instructor, University of Georgia, Athens, GA  
 Psychology of Adjustment

### UNIVERSITY SERVICE

2002-2004 Faculty Policies Committee  
 2002-2005 Phi Kappa Phi Secretary  
 1999-2001 Faculty Policies Committee  
 1999-2001 General Education Assessment Committee  
 1999 SACS Administrative Processes Committee  
 1999 Member, Task Force on Teaching and Learning  
 1999 Presented workshop for faculty, "Experiential Classroom Strategies"  
 1998-1999 Secretary, Lyceum Committee  
 1997-98 Secretary, Academic Policies Committee  
 1997-2007 Honor's Committee  
 1996-2008 Sexual Harassment Committee, Chair from 2002-2008

### DEPARTMENTAL SERVICE

2008 Assistant Chair  
 2008 Mentor to new part-time faculty member  
 2007-2008 Chair, Graduate Curriculum Review  
 2007-2008 Member, Departmental Space Committee  
 2006 Mentor to new part-time faculty member  
 2005-2007 Member, Minority Pipeline Committee  
 2005 Mentor to three new part-time faculty members  
 2004-2005 Mentor to new faculty member, Laura Hand  
 1997-present Director of Graduate Studies  
 2000-2001 Chair, Departmental Promotion and Tenure Committee  
 2000-01 Mentor to new faculty member, Kimberly Kinsey Kramer

1999-00	Mentor to new faculty member, Rebecca Rogers
1998-99	Mentor to new faculty member, Alabama Folsom
1998-99	Chair, Departmental Faculty Search Committee
1997-present	Chair, Graduate Admissions Committee
1997-98	Mentor to new faculty member, Amy Fickle
1997	Coordinator, Psychology Department web page
1996-2004	Psi Chi advisor
1996-99	Chair, Annual Fall Lecture Series
1996-97	Coordinator of journal holdings and media purchases

### **SERVICE TO UNIVERSITY SYSTEM**

2003	Board of Regents Program Review, North Georgia College and State University
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### **SERVICE TO PROFESSION**

2008-2011	Executive Board Member, Masters in Psychology Accreditation Council (MPAC)
2007-2010	Secretary-Treasurer, Southeastern Psychological Association (SEPA)
2006-2009	Member-at-Large, Council for Applied Masters Programs in Psychology (CAMPP)
2006	MPAC site visitor to Brenau University, Gainesville, GA

### **PUBLIC SERVICE**

2008	Chair, National Depression Screening Day in Augusta
2007	Chair, National Depression Screening Day in Augusta
2002-present	Education Chair, Mental Health America chapter in Augusta
2001	Co-chair of National Anxiety Screening Day in Augusta
1999-01	President, Mental Health Association of Greater Augusta (now Mental Health America)
1998-99	President, Augusta Area Psychological Association
1999	Co-chair National Depression Screening Day
1998-2002	Member, Voices Versus Violence Task Force, Mental Health Association of Greater Augusta
1998-2000	Professional Liaison, Bert Yancey Golf Tournament, major fund raiser for area mental health organizations
1997-2000	Consultant, patient satisfaction survey, Medical College of Georgia Outpatient Psychiatry Clinic
1997	Co-chair of National Depression Screening Day on Augusta State University campus
1996-2001	Patient Advisory Board member, Family Medicine, Medical College of Georgia
1996	Secretary, Augusta Area Psychological Association
1996- present	Board Member, Mental Health Association of Greater Augusta
1995-96	Consultant, evaluation of health promotion program, Brandon Wilde Retirement Community, Augusta, GA

### **WORKSHOPS/COMMUNITY PRESENTATIONS**

2007	Presentation at Grace Methodist Church, North Augusta, "Aging: The Good, the Bad and the Not So Ugly"
2007	Presentation at Covenant Presbyterian Church, Augusta, "Parenting Adolescents"
2006	Counselor Comfort with Sexuality workshop II, full-day session presented to ASU graduate students in psychology and counselor education

- 2006 Participant in panel discussion, Montreat College, North Carolina, "Psychology and Prayer: What can Science Tell Us?"
- 2005 Counselor Comfort with Sexuality workshop, 3 –hour session presented to ASU graduate students in psychology and counselor education
- 2004 Invited talk at Paine College, "Consequences of Stigma"
- 2004 Phi Kappa Phi Presentation at Augusta State University, "Stigma in Mental Health"
- 2002 Presentation to Columbia County Teachers group, "Stress Management Skills"
- 2000 Presentation to Sun Trust Financial Advisement Group, "Gender and Communication"
- 1999 Workshop for MCG Pediatric Residents, "Using the Myers-Briggs Personality Test to Improve Patient Care"
- 1999 Workshop for Charter Augusta Behavioral Health System, "Behavior Modification: Basic Principles"
- 1998 Workshop for pediatric residents of Medical College of Georgia, "The Use of the Meyers-Briggs Personality Inventory to Facilitate Patient Care"
- 1998-00 Presentation to psychology residents of Medical College of Georgia, "Careers in Teaching Universities"
- 1998 Presentation to Sigma Xi honor society, "Androgyny, What Good is it?"
- 1997 Workshop for pediatric residents of Medical College of Georgia, "Stress Management Strategies"
- 1997 Workshop for pediatric residents of Medical College of Georgia, "Personality Characteristics and Effective Communication"
- 1997 Presentation to Grace United Methodist Church's Single Fest, "Myths of Love"
- 1996 Radio interview (WBBQ) on "Holiday Blues"
- 1995 Presentation to Savannah River Site engineers, "Managing the Stress of Work and Life"

## CLINICAL EXPERIENCE

- 1997-present Licensed Psychologist GA PSY002136
- 1994-95 Clinical Geropsychology Fellow, Portland VA Medical Center, Portland, Oregon.
- 1993-94 Post-Intern Supervisor, University of Georgia Psychology Clinic, Athens, Georgia.
- 1992-93 Psychology Intern, University of Alabama at Birmingham and Birmingham VA Medical Center Internship Consortium, Birmingham, Alabama.
- 1989-92 Psychology Trainee, The University of Georgia Psychology Clinic, Athens, Georgia.

## PUBLICATIONS

### Articles

- Stoddard, J., Widner, S., Mellick, D., & Elkins R, (In Press). Self-report of drinking compared to objective markers of alcohol consumption. *The American Journal of Drug and Alcohol Abuse*.
- Widner, S., & Davies, K. (2007). Teaching beyond the bounds: An interdisciplinary introduction to psychology and sociology. *Teaching of Psychology, 34*, 118-120.
- Rowland, J., & Widner S. (2006). Attention deficit hyperactivity disorder symptoms and self-esteem in college students. *Journal of Psychology and the Behavioral Sciences, 19*, 30-35.

- Zeichner, A., Loftin, M., Panopoulos, G., Widner, S., & Allen, J. (2000). Sex differences in pain indices, exercise, and use of analgesics. Psychological Reports, 86, 129-133.
- Zeichner, A., Widner, S., Loftin, M., Panopoulos, G., & Allen, J. (1999). Effects of familial pain models on daily pain indices and performance during the cold pressor task. Psychological Reports, 84, 955-960.
- Widner, S. C., & Zeichner, A. (1993). Psychologic interventions for the elderly chronic pain patient. Clinical Gerontologist, 13, 3-17.
- Widner, S. C., & Zeichner, A. (1991). Alcohol abuse in the elderly: Review of epidemiology, research and treatment. Clinical Gerontologist, 11, 3-18.
- Neto, F., Williams, J. E., & Widner, S. C. (1991). Portuguese children's knowledge of sex stereotypes: Effects of age, gender and socioeconomic status. Journal of Cross Cultural Psychology, 22, 376-388.

### **In Progress**

- Hobbs S., Stoddard, J., Widner S., Best T., & Elkins, R. Psychological predictors of attrition in substance abuse treatment. Manuscript in preparation.
- Widner, S., & Anderson, M. Training counselors to be comfortable with sexual issues in therapy. Manuscript in preparation.
- Reeves, R., & Widner, S. Review of celebrity worship literature. Manuscript in preparation
- Widner, S., Reeves, R., & Speers, S. The construct validity of impulsive and compulsive buying measures. Data collection complete, data analysis stage.

### **Book Reviews**

- Widner, S., & Burgio L. (1994). [Review of Behavior analysis and therapy in nursing homes]. The Behavior Therapist, 17, 15.
- Zeichner, A., & Widner, S. (1993). [Review of Pain management techniques for older adults]. Clinical Gerontologist, 13, 100-101.

## **PRESENTATIONS**

### **Regional**

- Reeves, R., Widner, S., & Anderson, H. (2008). Celebrity worship, materialism, compulsive buying, and purchase intentions. Poster presented at the annual meeting of the Southeastern Psychological Association, Charlotte, NC.
- Gay, J., Goodbar, A., & Widner, S. (2008). The effect of stress and social anxiety on helping behavior. Poster presented at the annual meeting of the Southeastern Psychological Association, Charlotte, NC.
- Mundo, K. L., Layton, M., & Widner, S. (2008). The effect of verbal cues and relaxation on gustatory perception. Poster presented at the annual meeting of the Southeastern Psychological Association, Charlotte, NC.
- Widner, S., Davis, J. Q., & Richardson, D. S. (2007). Increasing minority student enrollment in graduate school. Poster presented at the annual meeting of the Georgia Psychological Society, Macon, GA.

- Widner, S., Reeves, R., Harbuck, S., Kriegel, N., & Navarro, L. (2007). The construct validity of impulsive and compulsive buying measures. Poster presented at the annual meeting of the Southeastern Psychological Association, New Orleans, LA.
- McDougald, A., Raintree, J., Smith, T., & Widner, S. (2007). Direct-to-consumer television advertising and attitudes toward mental illness. Poster presented at the annual meeting of the Southeastern Psychological Association, New Orleans, LA
- Widner, S., & Anderson, M. (2006). Increasing counselor comfort with client sexual issues. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Clapham, E., Gray, K., & Widner, S. (2005). The effect of attire on others' perceptions of credibility. Poster presented at the annual meeting of the Southeastern Psychological Association, Nashville, TN.
- Pasko, F., Bivens, K., Widner, S., & Richardson, D. (2005). Need to belong in an older population. Poster presented at the annual meeting of the Southeastern Psychological Association, Nashville, TN.
- Tkacz, J., Sparks, J., & Widner, S. (2005). Remembering the bad times: A study on anxiety and memory. Poster presented at the annual meeting of the Southeastern Psychological Association, Nashville, TN.
- Pasko, F., Bivens, K., Widner, S., & Richardson, D. (2004). The psychometrics of need to belong in an older adult population. Poster presented at the annual meeting of the Society for Southeastern Social Psychologists, Clemson, SC.
- Widner, S., Richardson, D. & Ferguson, H. (2004). Sensation seeking in older adults. Paper presented at the annual meeting of the Society for Southeastern Social Psychologists, Clemson, SC.
- Warren, P., McGinty-Post, M., McNally, C., & Widner S. (2004). The effects of gender on expert power. Poster presented at the annual meeting of the Society for Southeastern Social Psychologists, Clemson, SC.
- Daniel, S., & Widner, S. (2004). Effects of stress on implicit memory. Poster presented at the annual Phi Kappa Phi Student Research and Fine Arts Conference, Augusta, GA.
- Ferguson, H., Richardson, D., Widner, S. (2004). Psychometric properties of sensation seeking in an older sample. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Rowland, J., & Widner, S. (2004). Attention Deficit Disorder and self-esteem in college students. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Widner, S., Reeves, R., Pasko, F., & Best, T. (2004). Prediction of college success: A longitudinal exploration. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Widner, S. (2004). Women in the first years of SEPA. Paper presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Williams, V., Widner, S., & Davis, Q. (2004). Assessing likelihood of graduate education: First steps toward minority retention. Poster presented at the annual meeting of the Southeastern Psychological Association, Atlanta, GA.
- Widner, S. (2003). The career of Bonnie Strickland. Paper presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.

- Bilek, N., & Widner, S. (2003). The association of emotional intelligence traits and criminal behavior. Poster presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.
- Lowery, T., & Widner, S. (2003). Models predicting the use of psychological aggression in intimate relationships. Poster presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.
- Rizvi, Z. & Widner, S. (2003). Effect of gender on the willingness to forgive. Poster presented at the meeting of the Southeastern Psychological Association, New Orleans, LA.
- Widner, S. (2002). Life review: Reconciling and exorcising the past to achieve ego integration in later life. Paper presented at the meeting of the Georgia Gerontology Society, Augusta, GA.
- Widner, S. (2002). The impact of life review on caregivers of the elderly. Poster presented at the meeting of the Southeastern Psychological Association, Orlando, FL.
- Bible, A., Widner, S., & Rogers, R. (2002). The NEO-FFI as a predictor of academic performance. Poster presented at the meeting of the Southeastern Psychological Association, Orlando, FL.
- Robinson, L., Widner, S., & Rogers, R. (2002). Christianity, stress and life satisfaction in an undergraduate sample. Poster presented at the meeting of the Southeastern Psychological Association, Orlando, FL.
- Robinson, A.M., Rogers, R., & Widner, S. (2001). Perceptions of sex and race influences on physician-patient interactions. Poster presented at the meeting of the Southeastern Psychological Association, Atlanta GA.
- Wright, J., & Widner, S. (2001). Court ordered anger management effectiveness for misdemeanor violent crime convicts. Poster presented at the meeting of the Southeastern Psychological Association, Atlanta, GA.
- Widner, S., (1999). Dorothy Nevill, eminent woman in Southeastern psychology. Paper presented at the meeting of the Southeastern Psychological Association, Savannah, GA.
- Steinman, M., Widner, S., Whybark, R., & Reeves, R. (1999). Goals of college students: content analysis and associations with well-being. Poster presented at the meeting of the Southeastern Psychological Association, Savannah, GA.
- Whybark R., Widner, S., Steinman, M., & Reeves, R. (1999). Striving for success and academic achievement: the purpose of goals. Poster presented at the meeting of the Southeastern Psychological Association, Savannah, GA.
- Widner, S., O'Brien, S., Runnals, J., & Steinman, M. (1999). Exploring the grandparent role: demographics, activities and benefits. Poster presented at the meeting of the Southeastern Psychological Association, Savannah, GA.
- Widner, S., Reeves, R., Frediani, L., McKinley, K., Murray, E., Trivedi, R. (1998). Time structure and personal strivings as predictors of academic achievement. Poster presented at the meeting of the Southeastern Psychological Association, Mobile, AL.
- Frediani, L., Widner, S., & Reeves, R. (1998). Predictors of life satisfaction in college students. Poster presented at the meeting of the Southeastern Psychological Association, Mobile, AL.

- Widner, S., Boyd, D., Fickle, A., Ivins, D., Porterfield, O., & Sharp, L. (1997). The power of androgyny: A stress buffer in college students? Poster presented at the meeting of the Southeastern Psychological Association, Atlanta.
- Fickle, A., Porterfield, O., & Widner, S. (1997). Battling college stress: Weapon of choice masculinity or femininity? Poster presented at the meeting of the Southeastern Psychological Association, Atlanta.
- Boyd, D., & Widner, S. (1997). Predictors of depressed mood in college students. Paper presented at the meeting of the Southeastern Psychological Association, Atlanta.
- Widner, S. C., Howieson, D., Kaye, J., Camicioli, R., Sexton, G., & Dame, A. (1996). Cognitive stability in the optimally healthy elderly. Poster presented at the meeting of the Southeastern Psychological Association, Norfolk.
- Widner, S. C., & Williams, J. E. (1990). Problem drinking as perceived by university students and treatment experts. Paper presented at the meeting of the Southeastern Psychological Association, Atlanta.
- Williams, J. E., Widner, S. C., & Fenley, J. M. (1989). A preliminary version of a drug addiction scale for the Adjective Check List. Paper presented at the meeting of the Southeastern Psychological Association, Washington, D.C.
- O'Sullivan, C. S., Weaver, C., & Widner, S. C. (1986). The cronkite effect: The roles of target sex and attractiveness in memory of personal information. Poster presented at the meeting of the Eastern Psychological Association, New York.

### **National**

- Stoddard, J., Widner, S., Mellick, D., & Elkins R. (2008). Self-report of drinking compared to objective markers of alcohol consumption. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Widner, S. (2007). Field placements and applied projects for clinical programs. Session presented at the Council of Applied Masters in Psychology Council Conference, Charlotte, NC.
- Stoddard, J., Best, T., Hobbs, S., Widner, S., & Elkins, R. (2005). Predicting attrition from an outpatient alcohol treatment program. Poster presented at the annual meeting of the American Psychological Association, Washington, D.C.
- Widner, S., O'Brien, S., Runnals, J., & Steinman, M. (1999). Correlates of grandparenting styles: personality, activities and well-being. Poster presented at the annual meeting of the Gerontological Society of America.
- Runnals, J., Widner, S., Steinman, M., & O'Brien, S. (1999). Predictors of Satisfaction with the Grandparent Role. Poster presented at the annual meeting of the Gerontological Society of America.

- Widner, S. (1997). Correlates of well-being in a healthy elderly population: The benefits of a health promotion program . Poster presented at the meeting of the Gerontological Society of America, Cincinnati.
- Widner, S., Zeichner, A., & Moore, A. (1995). Self-complexity and neuroticism as stress buffers in an elderly population. Poster presented at the meeting of the Gerontological Society of America, Los Angeles.
- Greene, P. G., Sheck-Boehler, C., & Widner, S. (1993). Patient characteristics associated with the pharmacological management of chronic pain. Poster presented at the meeting of the Association for the Advancement of Behavior Therapy.
- Zeichner, A., Panopoulos, G. E., Giancola, P., Widner, S., & Allen, J. D. (1993). Individual differences in sensitivity and psychophysiologic responses to nicotine use. Poster presented at the meeting of the Association for the Advancement of Behavior Therapy.
- Zeichner, A., Allen, J. D., Panopoulos, G. E., & Widner, S. (1993). Effects of pain behaviors on physiologic and subjective responses to acute pain. Poster presented at the meeting of the Society of Behavioral Medicine, San Francisco.
- Zeichner, A., Panopoulos, G. E., Allen, J. D., & Widner, S. (1993). Effects of coping styles on physiologic arousal during acute pain and recovery. Poster presented at the meeting of the Society of Behavioral Medicine, San Francisco.
- Zeichner, A., Panopoulos, G. E., Allen, J. D., & Widner, S. (1993). Hostility and sensitization: Effects of high risk traits on cardiovascular response to stress. Poster presented at the meeting of the Society of Behavioral Medicine, San Francisco.
- Zeichner, A., Allen, J. D., Widner, S. C., Crane, A., Kim, M., & Holder, A. (1991). Effects of a pain control manipulation on physiologic and subjective responses to ischemic pain. Poster presented at the meeting of the Society of Behavioral Medicine, Washington, D.C.

### **International**

- Zeichner, A., Allen, J. D., Widner, S., & Holder, A. (1992). Coping with pain: Effects of family models and coping strategies on pain perception and physiologic response. Paper presented at the meeting of the second Congress of the International Society of Behavioral Medicine, Hamburg, Germany.
- Zeichner, A., Allen, J. D., & Widner, S. (1991). Effects of control and pain behavior on subjective pain and cardiovascular response to the cold pressor task. Presented at the Schwartz Symposium on Behavioral Medicine, Tel Aviv University, Israel (Invited).
- Zeichner, A., Allen, J. D., & Widner, S. (1991). Suggested application of pain threshold and tolerance training for altering subjective pain in chronic pain patients. Presented at the Department of Physiology, University of Lausanne, Switzerland (Invited).
- Neto, F., Williams, J. E., & Widner, S. C. (1989). Portuguese children's knowledge of sex stereotypes. Paper presented at the meeting of the International Association for Cross Cultural Psychology, Amsterdam, the Netherlands.

**PROFESSIONAL AFFILIATIONS**

American Psychological Association  
Southeastern Psychological Association  
Georgia Psychological Association  
Augusta Area Psychological Association